



# Rankin's Springs Public School Newsletter

Tuesday 11th June 2019

Term 2 Week 7

Rankin's Springs Public School invites all parents and community members to the:

***2019 Playground Official Opening***  
***Friday 14<sup>th</sup> June 2019***  
***At 2pm***  
***Afternoon tea will be provided***



## Athletics Carnival

Our students all participated with lots of enthusiasm at the Athletics Carnival in Lake Cargelligo last week. Congratulations to all of the students that received ribbons and special Congratulations to Tahlia on being awarded the Senior Girls Champion. Thank you to all of the parents and carers for driving their children to this event.

## School Council Meeting

The next School Council meeting will be held at 7pm on Tuesday 11<sup>th</sup> June at the school.

## Sports Day

This week there will be a change to our weekly sports day. Sport lessons will be run on Wednesday 12<sup>th</sup> June. Students are required to wear their sports clothes on this day, rather than on Friday for this week please.

What's happening	TERM 2
<b>Week 7</b>	
Tue 11 <sup>th</sup> June	School Council Meeting 7pm
Wed 12 <sup>th</sup> June	WEAR SPORT CLOTHES
<b>Week 8</b>	
Tue 18 <sup>th</sup> June	Mobile Library
<b>Week 9</b>	
Mon 24 <sup>th</sup> June	CWA International Day
Tue 25 <sup>th</sup> June	Circus @ Binya PS
<b>Week 10</b>	
Thu 4 <sup>th</sup> July	Griffith Small Schools Athletics Carnival
Fri 5 <sup>th</sup> July	End of Term 2 Assembly
<b>TERM 3</b>	
<b>Week 1</b>	
Mon 22 <sup>nd</sup> July	Staff & Students return
Tue 23 <sup>rd</sup> July	Mobile Library
Thu 25 <sup>th</sup> July	Christmas in July
Fri 26 <sup>th</sup> July	Round Robin
<b>Week 2</b>	
<b>Week 3 Education Week</b>	
Wed 7 <sup>th</sup> August	Life Education Van
<b>Week 4</b>	
Thu 15 <sup>th</sup> August	Zone Athletics
<b>Week 5 Book Week</b>	
Tue 20 <sup>th</sup> August	Book Week Character Parade

Please note dates and events are subject to change, please check for weekly updates.

**Permissoin notes due in:**  
**Binya Circus day**

## **School Awards**

Our school awards are based on encouraging students to be outstanding learners and develop learning skills which will enable them to become life-long learners.

Over the next few weeks in our newsletter, we will be adding information about the various awards we deliver in our school and what the awards are awarded for.

This week we are highlighting Reflectiveness

## **Reflectiveness**



Reflectiveness is the strategic aspect of learning where learners are ready willing and able to be critically self aware and responsive to feedback.

## **Playground Opening**

Could all parents please provide a plate of afternoon tea to share for the Playground Opening.

## **Attendance**

If your child is going to be away due to a planned trip it is important to notify the school so that teachers are aware when lesson planning.

If your child is absent due to illness it would be appreciated if you also notify the school on the day, and send in a written notification within one week of the days absent.

## **Too sick for school?**

Please read the fact sheet attached to this newsletter. Please be mindful that if your child is sick and attending school they can be infecting others.

## **REMINDER**

Library Day:

Year 3-6 is Monday

K-2 is Thursday

Students must bring their library bags to borrow books to take home to read.



## **June Birthdays**

Sharli – 11<sup>th</sup> June

Sophie – 19<sup>th</sup> June





## **Athletics Senior Girls Champion - Tahlia**



# Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<b>Bronchitis</b>	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
<b>Chickenpox</b> (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
<b>Conjunctivitis</b>	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
<b>Diarrhoea</b> (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
<b>Fever</b>	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
<b>Gastroenteritis</b>	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
<b>German measles</b> (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
<b>Glandular Fever</b> (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
<b>Hand, Foot and Mouth Disease</b> (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
<b>Hayfever</b> (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
<b>Head lice or nits*</b> (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

<b>Hepatitis A</b>	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
<b>Hepatitis B</b>	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	<div>  ... if they have symptoms. Contact your doctor before returning to school.            ... if they have a chronic infection (not the first outbreak) and no symptoms.         </div>
<b>Impetigo</b> (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
<b>Influenza</b>	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
<b>Measles</b>	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
<b>Meningococcal Disease</b>	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	<b>Seek medical attention immediately.</b> Patient will need hospital treatment. Close contacts receive antibiotics.
<b>Molluscum Contagiosum</b>	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
<b>Mumps</b>	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
<b>Ringworm*</b> (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
<b>Runny nose or common cold</b>		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
<b>Scabies*</b>	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
<b>Shigella</b>	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
<b>Slapped Cheek Syndrome</b> (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
<b>Whooping Cough</b> (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
<b>Worms</b> (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

**\*It is important that the rest of the family is checked for head lice, scabies and ringworm**

# Rankin's Springs Community News

## P & C News

Thanks to those who helped out selling and purchasing tickets for the P & C pub raffle last Friday night. A great night enjoyed by all.

The P & C will be catering for a small group of teachers doing training at the school on the 19<sup>th</sup> and 20<sup>th</sup> June, please offer your help to Renee, Sally or Monica if you can make a slice, sandwiches or hot nibbles.

Bunnings BBQ – 10<sup>th</sup> Aug. All infant student families will be helping out on the day.  
8.30am to 11.30am Green, Fair, Luelf.  
11am to 2pm Rebetzke/Cairns, Argent-Smith, Pickersgill.  
1.30pm to 4.30pm Molloy, Raymond, Papatodori.

Golf Day – 17<sup>th</sup> Aug The P & C are currently organising a letter to request donations for the Golf Day, please have a think about who you can approach for a donation. Please save the 17<sup>th</sup> Aug in your diaries as any helpers are appreciated on the day.

The next General meeting is Week 8, Wednesday 19<sup>th</sup> June at 3:30pm.

## Church Together

The next services to be held at St Luke's Anglican Church is  
Sunday 16<sup>th</sup> June at 5:00pm  
Sunday 21<sup>st</sup> July at 5:00pm  
Everyone Welcome

## Catholic Church Mass

5.30pm Sunday 30<sup>th</sup> June  
All are welcome

## Rural Fire Service

The Annual General Meeting for Rankins Springs Rural Fire Service will be held Sunday 30<sup>th</sup> June 2019 at the Fire Shed. 12noon. BBQ Lunch provided.

## CWA

Our next meeting will be moved forward to Monday 17<sup>th</sup> June due to Queens Birthday holiday. Meeting will commence from 10am at the CWA Rooms in Ninti Street. All welcome to come along, please bring a plate to share. We will be having a branch Land Cookery Competition open to all NSW/ACT residents, 80c per entry, judging at 12pm. The cakes are; date loaf, peach blossom cake, and cinnamon tea cake (under 18's). Our Annual Luncheon followed by International Afternoon will be held on Monday 24<sup>th</sup> June, we encourage the school parents and community to come along as the primary class will be presenting facts about Papua New Guinea.



## Rankins Springs Boot Camp

6am — Tuesday & Thursday mornings at Rankins Springs Rec Ground.

Enquiries Richard Argent-Smith Ph: 02 6966 1350



**Annette White**

PO Box 39

Rankins Springs NSW 2669

ABN 84 816 173 650

**BOOKKEEPING – TAXATION – CLOUD ACCOUNTING SOLUTIONS**

**0438 562 455**

[annettewhitecpa@gmail.com](mailto:annettewhitecpa@gmail.com)



Tax agent  
25392694

# STP

## SINGLE TOUCH PAYROLL

If your business employs staff then  
this affects you!

*Don't put your head in the sand when it comes  
to STP, you need to act now.*

From 1 July 2019 ALL Australian  
employers will be required to report  
payroll to the ATO every pay run.

To lodge payroll electronically to the ATO,  
your business will need STP enabled  
software.

If your business has not already moved onto  
a digital accounting platform, now is the  
time to think about taking the plunge.

### EMBRACE THE DIGITAL CHANGE

If you would like to discuss your STP options  
or about moving to a cloud accounting  
program, please call Annette White to make  
an appointment on 0438 562 455 or email  
[annettewhitecpa@gmail.com](mailto:annettewhitecpa@gmail.com)



**XERO NOW HAS AN  
STP SOLUTION FOR  
EMPLOYERS OF UP TO 4  
EMPLOYEES.**

**\$10  
per  
month**

**FOR JUST \$10  
PER MONTH  
YOUR BUSINESS  
CAN HAVE A  
DIGITAL SOLUTION TO  
PAYROLL.**



**Xero advisor  
certified**



**XERO PAYROLL  
CERTIFIED**



*Rankin's Springs Branch of  
Country Women's Association  
Cordially invites  
The Rankins Springs Community*



*To our annual luncheon  
**Monday 24<sup>th</sup> June 2019***

*Commencing at 12 noon*

*Followed by our International Afternoon*

*Featuring country of study*

***"Papua New Guinea"***

*\$15 pp, includes continuous raffle*

*Venue: Rankins Springs Hall Supper room*

*RSVP Wednesday 19th June 2019*



*Secretary*

*Gaye Banfield*

*Email: [gaye\\_les\\_banfield@outlook.com](mailto:gaye_les_banfield@outlook.com)*

*Phone: (02) 6966 1147*

*Mobile: 0428 179 359*

# CWA LAND COOKERY COMPETITION – JUNE 2019

Join us in the Land Cookery competition. It is open to any person residing in NSW or ACT. Please bring along your cake to the CWA Rooms in Rankin's Springs on Monday 17<sup>th</sup> June for judging. Entry fee is 80c. First and second prize winners will be eligible to go on to the group finals. Cash prizes are awarded at state level. You must be judged by your local CWA Branch to be in the competition!

This month we are cooking the following recipes:

## DATE LOAF:

## PEACH BLOSSOM CAKE:

## CINNAMON TEACAKE (Under 18s)



### Cinnamon Teacake—Section 11, Class A

*Recipe MUST be used*

#### Ingredients

Melted butter to grease  
100g butter, at room temperature, cubed  
110g (½ cup) caster sugar  
1 teaspoon vanilla essence  
1 egg, at room temperature  
150g (1 cup) self-raising flour  
80ml (⅓ cup) milk, at room temperature

#### Cinnamon topping

1 tablespoon caster sugar  
½ teaspoon ground cinnamon  
20g butter, melted

#### Method

Preheat oven to 180°C or 160°C fan-forced.

Grease a shallow 20cm round cake tin with melted butter and line the base with baking paper.

Beat butter, sugar and vanilla until pale and creamy. Add the egg and beat until well-combined. On low speed, beat in half the flour, then the milk, and then the remaining flour until just combined.

Spoon into the prepared tin and use the back of a spoon to smooth the surface.

Bake in the preheated oven for 30 minutes or until golden and a skewer inserted in the centre comes out clean. Stand in the tin for 5 minutes before transferring to tea towel covered cake rack.

### Date Loaf—Section 3

*Recipe MUST be used*

#### Ingredients

1 ½ cup chopped dates  
¾ cup sugar  
115g butter, room temperature  
½ tsp bicarbonate of soda  
1 cup boiling water  
1 egg  
1 ¾ cup self-raising flour  
1 tsp ground nutmeg

#### Method

Heat oven 160°C. Prepare a 14 x 24cm (5 x 9 inch) loaf tin—grease and line base with strip of baking paper.

Place dates, sugar, butter and bicarbonate in a bowl and add the cup of boiling water. Set aside to cool to just warm.

Add the egg, lightly beaten, sifted flour and nutmeg, and stir into the wet ingredients until mixed.

Bake for 50 to 60 minutes or until cooked.

Cool 10 minutes in tin before turning out onto a tea towel covered cake rack.

# The Land Cookery Committee Recipes for the 2019-2020 Schedule

## Section 2 Butter Cakes

### Class (b) Peach Blossom Cake

*Recipe supplied here must be used*

#### Ingredients

190g butter at room temperature, chopped  
1¼ cups white sugar  
¾ cup milk  
1 teaspoon vanilla essence  
1½ cups plain flour  
¾ cup corn flour  
1½ level teaspoon baking powder  
pinch of salt  
6 egg whites – at room temperature  
1–2 drops rose-pink food coloring

#### Icing

1½ cups icing sugar  
10g butter  
2 tablespoons boiling water  
few drops of rose-pink food coloring

#### Method

Pre-heat the oven to slow (150°C). Grease a 20cm round, deep cake tin. Line the base of the tin with baking paper.

Cream the butter and sugar in the small bowl of an electric mixer until white and fluffy. Gradually add half the milk to help dissolve the sugar and beat well. Beat in the vanilla. Transfer to a larger bowl.

Sift the flour, corn flour, baking powder and salt together three times. Fold into the butter mixture, then add the remaining milk. In another bowl, use clean beaters to beat the egg whites to stiff peaks. Fold half the egg whites into the cake batter, then fold in the remaining egg whites.

Transfer 1 cup of the mixture to a smaller bowl and stir in the drops of food coloring. Take about ¾ cup of the white mixture and spread over the base of the tin. Take half the pink batter and spoon it in a ring about 1 cm in from the edge of the tin – it should be about 1–1.5cm wide.

Very carefully spread half the remaining white batter over, taking care not to disturb the pink ring. Spoon the remaining pink batter into the center of the tin, making a round of about 8 cm. Spoon the rest of the white batter over the whole top, again taking care not to disturb the pink round.

Bake for about 70 minutes, until the cake is springy to a gentle touch in the center and comes away from the sides of the tin. It may appear slightly cracked in the center but should settle flat on cooling. Turn out onto a clean tea towel lined with a sheet of baking paper. Leave to cool.

To make the icing, combine the ingredients until smooth. Spread over the top of the cooled cake and leave to set.